PROF. WELLS TO LECTURE AT COURTHOUSE TONIGHT

Man Over 80, Well Preserved, Claims to Successfully Treat Disease by Physical Culture.

Prof. C. L. Wells will lecture tonight in the courthouse auditorium at 7:30 to men and women on "Increased Efficiency, or How to Keep Well." It is expected that a large crowd will be

out to hear him.
He says he doesn't believe in having He says he doesn't believe in having liver or kidney or stomach trouble, and proposes to show that these diseases can all be avoided if the human system is properly taken care of.

Prof. Wells talked to women Monday afternoon at the courthouse and the auditorium was filled to its capacity. He said in the beginning that he would not attempt to discuss things that the women had better hear from his wife, but claimed that the course in physical culture which he and his wife together could give would be worth more than three years in any medical college.

medical college.

Digestien and other troubles he claimed could be treated so that the patient would never have to go to the operating table for gallstones or similar diseases.

Avoids Operating Table. us this year in a guise that is really the acme of its happy history. For Keeping the blood in proper circu- 1918 the sailor has adopted the name Reeping the blood in proper circulation was illustrated as keeping the material in the temple of the body all in proper condition. Blood, he said that carries off the dead tissues and that these bodies of ours are rebuilt every seven years, according to scientists, and he believed it was so.

He did not talk about food much, because he said that one's own experience had taught her what was good for her, but emphasized the fact that one must have good digestive organs, shortly.

1918 the sailor has adopted the name of a delightful and decorative English

Relations Between Parents and the Child." This will be the first of a series of lectures to be given by Dr. Glimour, under the auspices of the Child Welfare league.

Child Welfare league.

This league is the first one to be organized, but it is hoped to have leagues formed in every city school shortly.

for her, but emphasized the fact that one must have good digestive organs. Prof. Wells is over 80 years of age and claims he can eat anything and digest it; that anybody else can, but in order to do this one must keep her human machinery in good order. Mastication was one of the most important things, he said, in digesting the food; therefore one should keep her food; therefore one should keep her teeth in good condition, chew the victuals well and give the saliva a chance to carry it down without taking great to carry it down without taking great to carry it down without taking great profits that the plan is meeting with success and that one girl has already to carry it down without taking great mouthfuls, halfway chewing them and taking water to wash them down. He did not discourage drinking water at meal times, but recommended plenty of it at all times. He contended that an observance of his directions would give any one a good stomach. The circulation of the blood, he declared, was the main thing, and for digestion the proper preparation was highly essential

At the close of the lecture he announced that he and Mrs. Wells would take a class here for eight lessons, one hour each day. Fifteen ladies went forward and signed for the course.

Started Prof. Barker.

Prof. Wells is the preceptor of Prof.
Barker, who recently lectured here
under the auspices of the Y. M. C. A.
Prof. and Mrs. Wells are at the Hotel Patten, en route from St. Petersburg, Fla. to their home in Detroit.
Mich. Prof. Wells says he had a class
in St. Petersburg which started with
fifteen and grew to nearly 100. Among
its members was a physician who had
been practicing medicine for forty
years.

Prof. Wells is remarkably well preserved for a man of \$0 and says he did not begin taking care of himself until he was 63. Dried and wrinkled skin, he says, comes from hardened arteries, and can be prevented by proper blood directable.

CHILD WELFARE LEAGUE Dr. Emma Gilmour to Talk Thursday Evening at Meeting of Parents.

Thursday evening at the Juntor High school, Mrs. Emma W. Gil-mour, health inspector of city schools, will address the mothers and fathers of the students on "Health and the

| 3 lbs. Onlons | 10c |
|---|-----|
| 3 glasses Jelly | 25c |
| 2 bottles Hirsh's Catsup | .05 |
| Seed Irish Cobblers, Maine stock, peck | |
| White Peas, | |
| 2 cans Pumpkih | |
| 2 lbs. Pinto Beans | ~- |

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THREE Drug Stores

ENTER: THE 1918 SAILOR



PRO RE BONAS PREPARE

About fifty ladies were present at the meeting for election of officers of the Pro Re Bona, held Monday after-

noon, at the home of Mrs. Joe Clift.

The meeting being an open one, each

member was privileged to bring a

guest. The home was attractively dec-

orated with yellow tulips.

Punch was served by Lillian Hash,
Dorothy Johnston and Mary Warner.

A musical program was given by

All of the former officers were re

Mrs. Joe Clift, president. Mrs. F. K. Johnston, first vice-pres-

Mrs. H. Ogle, second vice-president.

Mrs. Harry Wise, treasurer. Mrs. Albert Kinser, corresponding

Mrs. W. O. Wooten, recrording sec-

Demonstrations in wheat, meat and

High schools parent-teachers' associa-

ons at the chamber of commerce. Wednesday—Fat and sugar savers.

Altar society of Catholic church, cham-

under the auspices of the Jewish Wel-

Mrs. Charles Rosenthal will give a number of vocal selections. She will be accompanied at the piano by Miss Mollie Amster.

Dialogue, Messrs Sam and Ben

The Missionary Ridge Parent-Teach

ers' association will meet Wednesday afternoon at 2:30 at the school build-

Annual Custom Observed by

Ladies' Aid Society of First

Presbyterian Church.

The Ladies' Aid society of First

Presbyterian church pave a delightful dinner at the Old Ladies' Home Mon-

AT SPEND-DAY DINNER

ing. A full attendance is desired.

SEVENTY LADIES SEWED

Reading, Mrs. Bertha Simpson,

FOR WEEK ANNOUNCED

Mrs. Carl Rowden, auditor.

FOOD DEMONSTRATIONS

rie, city food demonstrator.

MUSICAL TO BE GIVEN

fare league.

The roster stands as follows:

Miss Sarah Betterton.

retary.

FOR YEAR OF ACTIVITY

success and that one girl has already returned to school. In other cities where leagues have been organized, many boys and girls are indebted to the essociation for their education,

WORK DONE BY C. H. S. PATRIOTIC SOCIETY

Number of Articles Made Since Last November-Wool Tea and Dance to Be Given.

A society known as the B-2 society was organized at the Chattanooga High school by Miss Marguerite Rahm, for patriotic work, the latter part of November.

Although composed of schoolgirls, they have found time to do much work, showing that their fingers, as well as their brains, have been at work for "their good old U. S. A." and have done much in the past few months. months.

The following report, sumbitted by the president, Miss Marguerite Rahm, was 63. Dried and wrinkled skin, says, comes from hardened arteries, d can be prevented by proper blood culation.

ILD WELFARE LEAGUE
ORGANIZED AT JUNIOR HIGH

ORGANIZED AT J scrapbooks, 26; squares for quilts, 89; liberty bonds, 3; war savings certificates, 14; stockings for orphanage, 3

dozen pairs.

Besides all of the above items, a quilt has just been made by the so-A wool tea is to be given at home of Miss Mary Dickson, on Bulley avenue, soon, and a dance will be given at an early date.

CLARENCE C. CHAFFEE MADE FIRST LIEUTEANT

Charles Clarence Chaffee, son of Mr. and Mrs. C. C. Chaffee, of North Chattanooga, has been promoted to the post of first lieutenant. In addition to the honor, Lieut. Chaffee has also been made adjutant in the 206th quartermaster corps of the motor sup-ply train in the Sist division of the national army.

FAIRMOUNT CHURCH

HAS SERVICE FLAG A service flag was presented Sun-day at the Fairmount Methodist church in honor of the boys of the

community who have answered their country's call.

The flag, with its white background, representing purity, the red berder, which stands for the blood shed, bears twenty-two stars rep-resenting the boys who have joined the colors. The flag was presented by

day, the occasion including also the annual meeting and election of officers are being heaped up.

When this bright and beautiful quilt is completed it will be sent to the base is completed it will be sent to the base.

Margaret Shalliday sang levera, songs and Miss Augusta Cain gave a number of recitations. Dinner was served at noon to sev-

enty ladies. The annual election of officers resulted in the choice of the following: President—Mrs. Lewis Clark. Vice-President - Mrs. W. D. Mc-

Recording Secretary - Mrs. J. W. Hall. Corresponding Secretary - Mrs. F

Treasurer - Mrs. Emma H. Hynd-Treasurer of Men's Club - Mrs. W.

C. Stephens. Historian-Mrs. W. A. Campbell, The retiring president, Miss Maude Bradford, was presented with a beautiful bouquet of flowers, the gift of

SECOND OF SERIES OF TEAS GIVEN BY WAR COUNCIL

Another of their delightful afternoon teas will be given Friday afternoon at the Y. W. C. A. by members of the junior war council under guidance of the president, Miss Anna Martin, Miss Martin has appointed as chairmen in



charge of the occasion Mrs. R. H. Wiliams and Mrs. Shaw. The special guests will be the wives of the army officers to whom the general invitation is extended. No written invitations, therefore, will be is-

are nestled daisies and roses embroi-dered in rose and crystal beads.

The hours will be from 3:30 to 5:30 and it is planned to have the courteles once a month. *
Friday's event will mark the second of the series.

Plans were formed at the meeting of the junior war council held Monday at the Y. W. C. A.

CHILDREN TO GATHER RUBBISH WEDNESDAY

North Chattanooga Clean-Up Campaign Begins-Holiday to Be General Prize.

More than 1,000 children of North Chattanooga will put on old clothes, old shoes and especially gloves tomorrow and arm themselves with deter-mination to engage in the biggest clean-up campaign that suburb has

ever known.

Mayor J. Read Voigt has appointed Mrs. C. C. Chaffee, president of the Normal Park Parent-Teachers' asso-Normal Park Parent-Teachers asso-giation, chairman of the clean-up com-mittee, operating under Mrs. J. W. Johnson's general committee, to push the work across the river. A prize, welcomed by each child engaged in the movement and to be enjoyed by all, will be the day out of school, when all enter into the campaign for mak-low North Chattenogra, the cleanest sugar substitutes will be given this week as follows by Miss Maude Guthing North Chattanooga the cleanest suburb hereabouts. There are four schools to be represented—Normal Tuesday—Wheat substitute demon-stration under the auspices of the Fourth District, Hemlock and Junior Park, Central Grammar school, North Chattanooga school and the colored

The teachers will direct the squads who will visit each home. The chil-dren will not enter the premises, but ber of commerce, 3 o'clock.

Thursday—Meat substitutes, Eleventh street schoolhouse, 3 o'clock.

Friday—East Lake school, 2:30 o'clock. Wheat substitutes. all residents have been asked to place rubbish within convenient reach at the edge of the sidewalks where it will be gathered up. The Rotary club has promised to furnish trucks
Thursday will be observed as "pick-

up day," when any leftovers from the debris will be taken care of. It is announced that objectionable rubbish need not be handled. The entire day will be so occupied, the children to go FOR ELEVENTH INFANTRY following program will be given Tuesday evening at Camp Forrest for the members of the Eleventh infantry, to school at noon to eat their lunches.

KNITTING TAKES PLACE . OF STORY TELLING HOUR Quilt Squares Being Knitted by

Children Patrons of Public Library.

Miss Grace Dunlap, of the children's department of the Chattanooga public library, is displaying in the builetin case squares for what she calls a Wamchee quilt, the word having been devised by the combination of the two words warm and cheer and by leaving out the letter r in each word. The combination was original with Miss Dunlap.

The squares for this quilt have been knitted by the children patrons of that department, and the directions given are to knit them three inches square, or just the size of their library card. They are in all colors of the rainbow and the floor of the case is covered

orated with jonquils, narcissi and other spring flowers.

A program attended, in which Miss Margaret Shalliday sang severa, songs the little scraps of leftover yarn in this way. Every Saturday afternoon from

to 4 the children gather at the library and spend the time that used to be given to story telling in knitting.

From the squares already accumulated it looks as if the quilt will soon be completed.

MRS. MURPHY ENTERTAINS. Mrs. Fay Murphy will be hostess of the Tuesday Bridge club this after-noon at her home in Henderson Place.

FOURTH DISTRICT SCHOOL LEAGUE MEETS WEDNESDAY A meeting of the Parent-Teachers' association school will be held Wednesday after-

noon at the school Mrs. J. O. Devlin, president of the hattanooga Federation, will speak.
Mrs. H. P. Erskine, president, is anxious to have all members present, as business of importance will be

LADIES MAKE GARMENTS FOR CHILDREN OF FRANCE

Civilian relief work is occupying the Present attention of the Junior War Council at the Y. W. C. A. each Thursday. Allied with the activity of the Juniors is that of the wives of the army officers, who have responded nobly to this opportunity to attest their patriotism. The assemblage has held but four meetings, and in this space of time have completed seventy-five garments for children of northern France. Fifteen or twenty ladies have been in attendance at each meeting.

TO COME INTO TOUCH WITH PROSPECTIVE GARDENERS

Park Place school will hold a comnumity meeting tonight for the purfrom the subject of gardening to the

purchase of thrift stamps. All residents of the district and those of other districts having the interests of the section at heart are urged to be . present and hear the addresses to be given by Messrs. Frank Nelson, Mack Landess and others. To reach all residents who expect to

plant out home gardens or who have spaces to let is also an object of the meeting.

An interesting program having many patriotic features has been prepared.

THOMPSON-LOGAN. The following announcements are being issued to friends:

Mrs. Charles J. Harris announce the marriage of her daughter Emma Harris Logan

Mr. J. Bligh Thompson on Wednesday, the sixth of March, nineteen hundred and eighteen. Shelbyville, Kentucky.

after March 15, Louisville, Kentucky.

Mrs. Thompson will be remembered here, having often visited her sister, Mrs. H. P. Erskine.

CENTENARY LADIES TALK ON SABBATH OBSERVANCE

"Sabbath Observance" was the theme of the meeting held by the Woman's Missionary society of the Centenary church Monday afternoon. Circle No. 2 was in charge of the literary program.

Mrs. L. D. Webb, president, directed

the business session. Mrs. I. Lewis Clark conducted devotions. Pursuant to the resignation of Mrs. T. B. Smith from the office of secretary, Mrs. R. B. Anderson was elected to the

Those participating on the program were Mesdames W. L. Rohr, Belle Spencer, E. A. Shugart, H. M. Dicks, C. H. Vest, Paul Jones, Miss Elizabeth Taylor, Miss Barefield, Miss Sarah

The McCallie and Chatfanooga High school boys will give a subscription dance on the evening of March 29 in the gymnasium of the Chattanooga High school.

Mrs. Miles Works on Last Chapter of Her Nature Book

News comes from Pine Breeze sanitarium that Emma Bell Miles is steadily improving, and is now working on the last chapter of her book, "The New Thought of Nature." And the marvel of her irrepressible energy is that she has signed a contract to write another book. The subject of this one is to be "Birds," one that Mrs. Miles is so fa: Iliar with and so thoroughly capable of conveying her knowledge in an attractive form to others.

"African Missions" Forms Chief Topic for Study

Another study of "The African Trail" was the inspiration of the meet-ing held by the Ladies' Missionary society of Third Presbyterian church at the home of Mrs. D. E. Bushnell Monday afternoon.

Mrs. E. Fenton Moore directed the study topic. Following Mrs. Moore's lesson items of interest concerning Africa were given by a number of members. Mrs. Gilbert King gave a resume of "The Black Sheer other works of Miss McKenzie were mentioned.

Missionary Presbyterian Woman's society, to convene here April 17, coincident with the meeting of the presbytery, were discussed. The treasurer reported on the gen

erous response to the appeal for increase of funds for missionary work Mrs. I. D. Steele, president, directed the meeting. Refreshments were served by the hostess.

The Woman's Missionary society of the First Methodist church studied "Alaska" Monday afternoon with Mrs. I. S. Perry, leader. The and chap-ter of the book, "Under the Northern Lights," was discussed. Miss Bristol gave a talk on the natives of the

country. Discussion was held of the district meeting announced for the last week in April. A solo was ing by Miss Florence Shrode. Mrs. Minnie Stiff and Mrs. Lawrence Hall served tea and wafers. Mrs. John H. Early pre-

SAVE YOUR HAIR A SMALL BOTTLE STOPS DANDRUFF

Every bit of dandruff disap. pears and hair stops coming out.

Try this! Your hair appears glossy, abundant, wavy and beautiful.

Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff—that awful scurf. There is nothing so destructive to the hair as dandruff. It robs the hair of its lustre, its strength and its very life: eventually producing a feverish-ness and itching of the scalp, which not remedied causes the hair roots to shrink, loosen and die - then the hair fatte out fast. A little Danderine tonight - now - any time - will sureg save your hair.
Get a small bottle of Knowlton's

Danderine from any drug store or toilet counter for a few cents, and after the first application your hair will take on that life, lustre and luxurfance which is so beautiful. It will become wavy and fluffy and have the appearance of abundance, an incomparable gloss and softness; but what will please you most will be after just a few weeks' use, when you will ac-tually see a lot of fine, downy hair-new hair-growing all over the scalp. Danderine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots. invigorates and strengthens them. Its exhibitanting and life-producing properties cause the hair to grow long, strong and beautiful.—(Adv.)

"THE OLD MELIABLE" PLANTENS BLACK REMEDY FOR MEN

SOCIETY PERSONALS

Mrs. J. A. Rosenbush and Mrs. F. Arthur Zeller, of Union City, Ind., are the guests of Mrs. E. H. Coates, in Highland Park.

Herman Ferger has gone to Law-renceburg, Ind., where he was called by the illness of his mother.

Mrs. D. S. Etheridge and daughter,

Emily Etheridge, have returned from an extended visit to Florida. Mrs. James H. McGaughy, of Greenville, S. C., is visiting her parents, Dr. and Mrs. W. H. Dietrich, on Lookout mountain. Capt. McGaughy returned

to Greenville Saturday.

Dr. J. S. B. Woolford, who has been very ill, is reported as much improved.

Mr. and Mrs. Henry Tritchler have reopened their home on Lookout

Mrs. Ralph Victor, of Atlanta, has returned home after a visit to Mrs. Charles Rosenthal.

Mrs. John K. Shields and Miss Jean nette Cowan are spending two weeks at Tate Springs.

Mrs. Charles Divine is visiting rela-Mr. and Mrs. Arthur Minor have

purchased a home at Lakeview. Mrs. O. H. Orton and Miss Elizabeth Goodhew have returned from a visit

to friends in Pulaski, Tenn. Miss Frances Henderson has returned from Rome, Ga.

Miss Rose Block, Leo Block, Laurence Tschopik, George Bradt and Rabbi Julian Miller went to Knoxville yesterday to attend the Bradt-Rosenthal weeding, which was solemnized at high noon today.

Born, to Mr. and Mrs. William M. Rogers, 900 Dodson avenue, East Chattanooga, a daughter.

Mrs. Mary Giles Howard expects to remain through the month at Hazelton. Pa.

Lieut. and Mrs. H. P. Honaker, of Kentucky, are with Dr. and Mrs. I. D. Steele.

Mrs. D. F. Howe is recovering from an attack of the grlp. Dr. and Mrs. E. T. Newell will go to

Signal mountain in April.

Miss Ruth Royalty left Monday aft-Miss Ruth Royalty left Monday arrernoon for Columbia, to resume her studies, after a two weeks' vacation spent with her parents, Mr. and Mrs. C. H. Royalty, on Chamberlain avenue, Miss Royalty will be among the Columbia girls who will go to Sewange for the Easter dance. for the Easter dance.

Lieut, and Mrs. C. C. Morris, of Paducah, Ky., who have been with Dr. and Mrs. I. D. Steele, have gone to Joseph E. Johnston camp at Jackson-ville, Fla.

Mr. and Mrs. H. P. Erskine have returned from Shelbyville, Ky.

Mrs. James Hibler was the guest of Mrs. W. A. Banks the past week,

Mrs. R. B. Cooke will return to Johnson City today after a visit to her mother, Mrs. Rachel Divine. Mrs. Dan Redfern, of Albany, Ga., who has been visiting her mother, Mrs. John Fort, will return home Friday.

Born, a son, to Mr. and Mrs. L. A. Dicks, of Patten hotel. Mr. and Mrs. Dicks formerly resided in Knoxville.

DO SOMETHING

FOR THAT COUGH

Dr. Bell's Pine-Tar-Honey will prove ideal treatment.

A neglected cough may lead to such dangerous bronchial or lung ailments, that proper attention with Dr. Bell's Rine-Tar-Honey cannot be begun too promptly.

You can absolutely depend on this remedy as it has proved effective in thousands of cases where a hacking cough, difficult breathing, inflammation or hoarseness were involved. Its balsam and healing ingredients soothe the throat, loosen the phelgm, the antiseptic properties check the cold germs and feverish or grippy feelings are promptly silesed.

are promptly allayed.

Take Dr. Bell's Pine-Tar-Honey at once, not only for quick and gratify-ing relief for all distressing symptoms, but to prevent serious after-ef-fects. Stil sold at 25 cents by all druggists .- (Adv.)







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March 20

and 21

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